



PASTORAL BULLETIN

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Eden Girls' School, Walthamstow

Good Luck Year 11!

At last, the GCSE season is finally upon us! Eden Girls' School will have their very first cohort sitting their GCSE examinations in a few months time. It is important for students to balance their lifestyle during this tense period and we are highly confident that our girls will do extremely well. There are few ways that you can ensure you are well prepared for your examinations:

- ⇒ **Stick to a timetable!** It can be hard to decide what to revise; sometimes you may revise for English and neglect Maths or vice versa. Sometimes, you may not know where to even begin and for how long! Therefore, it is very important that you use a timetable to schedule your days. However, it is necessary for you to ensure that you stick to it. This can be tedious to follow every week, but the end results will be fantastic!
- ⇒ **Sleep and eat well!** Your sleeping patterns are incredibly important during the GCSE season. It is very important for you to be fresh and ready for your exams. Avoid the usage of a smartphone deep into the late hours of the night. Likewise, be wary of cramming extremely late night revision as this will tire you. Remember, the Qur'an mentions, "It is He (Allah) who made for you the night to rest therein..." (10:67). Rest well!
- ⇒ **Talk to your parents!** Your parents have gone through many experiences in life and will be able to share ways in which they controlled their emotions. Be open with them and discuss your anxieties and worries. They will be able to give you great advice. Likewise, Moulana Muhammad is always available for you to seek spiritual counsel.

Key Notices

- Best Form Attendance: 10A
- School Re-opens: 19/02/18
- Y8 Parents' Evening: 08/03/18
- Y7 Parents' Evening: 22/03/18
- Easter Break - 29/03/18
- School Re-opens: 16/04/18
- **Y11 revision classes begin this half-term. It is important that all students attend.**

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Students enjoy various activities around Eden Girls' School

Attendance at Eden

It is the aim of the school to support every student to have maximum attendance and thus to achieve their full academic and social potential through the school community. To realise this aim, the school will work in partnership with parents in offering students academic and pastoral support.

Magnificent MasterChefs

This year, students in year 7 have enjoyed using the school's food technology facilities under the supervision of Ms. Dadabhoj. The corridors have been taken fragrant with the scent of pizza cooking and cakes baking. Most recently, students were asked to showcase their cooking skills by entering our very first, MasterChef competition. Students spent much of the day producing various dishes to impress our judges (below). The day passed by with much laughter, healthy rivalry and a lot of eating!



Mr. Beezy Inspires Y11

In preparation for their GCSEs, year 11 hosted Mr. Beezy (below), an inspirational speaker, who helped them develop revision techniques and strengthen their mindset ahead of their assessment. The event was well received and in the words of Mr. Beezy himself, "No grind, no glory!"



A Sensational Sports Hall

We are pleased to announce that our wonderful Sports Hall is now complete. Students have been engaging in various sporting activities and tournaments during the past term. A huge well done to our football team who have done tremendously well! Likewise, we also have a fantastic new gym which is equipped with state of the art fitness machines. We hope that our students and staff greatly benefit from these new facilities!



The Principal officially marks the opening of the Sports Hall (L) whilst Ms. K teaches PE (R)

Sirah Competition

Congratulations to Somaya Akhtar who won the Sirah Competition earlier this term. Students were asked to submit poetry and timelines of the Sirah or create a model of Masjid an-Nabawi. Somaya submitted a glorious model of Masjid an-Nabawi which now sits in the Principal's office. Well done!

